

Natalie moves into her forever home

Natalie kicks off the new year in her new pad



Natalie, 29, moved into Jellicoe Court, our brand new Hampshire Supported Living service in December. It is her first settled, permanent home and the first time she has had her own front door.

Natalie is taking steps to becoming more independent and the sky really is the limit for her as she plans life in her new home.

Jellicoe Court has 18 self-contained flats, and with new neighbours moving in, she is making friends. Previously, Natalie was living in temporary accommodation, but now she can plan, make long-term friends and build strong community links.

“ I am really excited, I wasn't nervous at all! Since moving in I have been really busy, going to the shops with FitzRoy staff, buying food and getting out and about in the community. I have been shopping for things I need for my home. I bought a new Hoover today! ”

Natalie



Jellicoe Court offers people with learning disabilities a wonderful chance to live a fulfilled life with greater independence.

Deputy Service Manager Ana Bambergher said:
“Since opening we have had so many kind offers from the community, from volunteering to invitations to Christmas dinner! The community has been lovely, we really feel welcome and involved.”

And a final word from Service Manager Julie Cartawick:
“Staff have been working so hard to make sure that all our new residents settle in to their homes and feel part of the community. The people we support have achieved so much as they settle in to their new homes.”

Welcome to Turnbull Close

FitzRoy recently welcomed staff, residents and families of Turnbull Close - a 12 bed registered care home in Kent - to the FitzRoy family when we took over the care provision on 3 December.

Deputy Manager Charlotte Bilsland, said:

"Currently 10 people with complex needs live at Turnbull Close. Most of them moved in when it originally opened, and some of them even went to school together.

"Many of our support staff have worked at Turnbull Close for many years, one has been here for around 20 years.

"I love the FitzRoy values, as it is so important to remember that we need to see the person, to be brave and to be creative to make sure that the people we support have the best

opportunities to lead the lives that they choose. Turnbull Close has always had feedback that it is a homely welcoming environment, it is a lovely service to work in."

“ My staff team are diamonds! They all pull together and work hard to give the people we support the best they possibly can. ”



Transformation in action at FitzRoy

Last year we opened two new services in Oxfordshire, each with five individual flats.

Over the last six months new tenants have been moving in to their new flats and are ready for more independent living and their 'forever home'.

Service Manager Jade Harvey said:

"Chris moved to us after living in sheltered shared accommodation. Initially, he was anxious, for example, he wouldn't let us help him with his lunch, and he lost weight as a result. Once Chris got to know and trust us we saw a huge change. He now uses the communal area several times a week, has his meals there, goes for coffee in his neighbour's flat and invites people into his flat, sings and plays music on his decks.

“ As we are here every day, we can sometimes lose sight of the difference we've made.

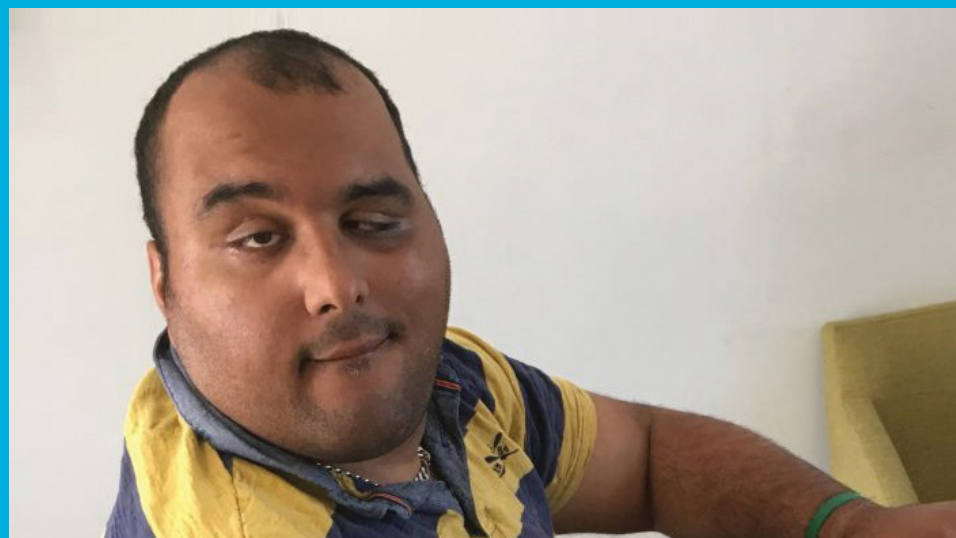
But when we sit in the review meetings, that is when we really notice the amazing transformations that people have made. ”

Jade Harvey,
Service Manager



"Before Luke (pictured) moved in, he was on medication daily for his challenging behaviour. We know that challenging behaviour is often linked to frustration about not being able to communicate and be understood.

We have listened to Luke and worked hard to understand him and give him the support and help that he wants. Since living with us, he has only had to have medication three times in the last ten months."



“ The change and shift in people's experiences and responses since living here is fantastic. ”

Anna Galliford,
FitzRoy Chief Executive



Thank you to everyone who donated to our Big Give appeal

We raised over £20,000 which will go towards iPads and the MyChoicePad communications app.



Pauline received her iPad just in time for Christmas

To be able to communicate a need when you have that need, and a wish when you have a wish, a dream when you have a dream, opens up the world to you.

FitzRoy Quality Manager Kirsty Millward tells us why breaking down barriers to communication for people with learning disabilities is absolutely vital and at the heart of how we work. Kirsty said:

"Imagine you spend the day with someone, and they make all your choices for you, they decide where you go, what you do, what you wear and what you eat, and you can't explain your wishes or choices in a way that they understand. You would be so frustrated and feel very isolated.

"We recognise that challenging behaviour in our services is often linked to people simply trying to communicate. They want us to know something, or do something, or change something and they aren't able to tell us.

“More than two-thirds of the people we support use a range of non-verbal communication, where they have to rely on other people being able to interpret what they want to say.”

Kirsty Millward, Quality Manager

"Many people we support may not have a range of vocabulary or the confidence to use it. Technology can help them build that confidence, so they have their independence and are able to make daily choices and decisions about how they live their life, just like you or I do without even realising. Knowing their needs and wishes are recognised and met can give them a tremendous sense of well-being."

The money donated to our Big Give appeal means we can buy iPads and the licence to the MyChoicePad communications app, which will make (and has already started making) a huge difference to the people we support.

Thank you.



Ultra Challenge

Walk, jog or run at your pace on the Ultra Challenge Series event of your choice.

Are you a regular walker and new to endurance events? Perhaps a seasoned trekker looking for a new adventure? Whether it's along magnificent coastal scenery, or in stunning open countryside, there's an Ultra Challenge for you.

From the Isle of Wight to the North Downs, there's a challenge for everyone.

Choose your challenge and sign up to support adults with learning disabilities and autism
www.fitzroy.org/ultra-challenge



Summer Solstice Skydive

Join the UK's largest summer skydive on 23rd June 2019 for the chance of a lifetime to fly through the clouds at 120 mph!

Join the ultimate summer challenge by taking the leap from 10,000ft. You can choose from Brackley, Nottingham, Norwich, Peterborough and Salisbury airfields.

If you would like to take part in a skydive for FitzRoy, all you need to do is raise a minimum of £395, and you'll receive your jump absolutely free!

www.fitzroy.org/skydive

For more details get in touch with Jim Apted on 01720 711 104 or jim.apted@fitzroy.org

Donation Form

Help us transform lives. Your donation, large or small, will support someone with a learning disability to live more independently.

Thank you.

Online donations visit www.fitzroy.org/donate

Cheque Donations please make your cheque payable to **FitzRoy Support** and return it to FREEPOST RLTB-UUSU-LCKT, FitzRoy House, 8 Hylton Road, Petersfield, GU32 3JY

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Thank you

A special thank you to everyone who supported our Christmas pop up shop, either volunteering their time, making crafts for us to sell or coming in to the shop.

We had a great time and raised over £3,000! Apologies to anyone who missed out on the fabulous handmade reindeer - maybe next Christmas?

As well as providing crafts for our Christmas Pop Up shop, the people we support have run some great fundraising events over the year, from sponsored walks, raffles, bake sales, fun runs and coffee mornings. Thank you to everyone who donated, sponsored and supported them.

Keeping in touch

You can stop receiving FitzRoy News or update your communication preferences at any time.

Contact fundraising@fitzroy.org or **01730 711 111**

To find out more about how we use your personal data read our privacy policy www.fitzroy.org/legal

Join the conversation



Call: 01730 711 111

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