

## Donation Form

Help us transform lives. Your donation, large or small, will support someone with a learning disability to live more independently.

Thank you.

**Online donations** visit [www.fitzroy.org/donate](http://www.fitzroy.org/donate) to find more

**Cheque Donations** please make your cheque payable to **FitzRoy Support** and return it to FREEPOST RLTB-UUSU-LCKT, FitzRoy House, 8 Hylton Road, Petersfield, GU32 3JY

### Credit or Debit Card Donations

Please debit my card for the sum of £  .

#### Card Type

Mastercard  Visa  Maestro  Switch  Delta

Name on Card

Card Number

Start Date  /  /  3 Digit CVC     
On reverse of card

End Date  /  /

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I am a UK taxpayer and would like FitzRoy to treat all donations I have made in the last four years, and all donations I make hereafter, as Gift Aid donations. I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all charities or Community Amateur Sports Clubs (CASCS) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify.

Signature:  Date:

Your Name:

Address:

Email:



## Our Events Diary

See all our events at [www.fitzroy.org/events](http://www.fitzroy.org/events)

### Spinnaker Tower Abseil 12th September 2015



### Petersfield Tri 29th September 2015



### Overseas Challenges\* 2015



### Prudential Ride 100 2nd August 2015

Best of luck to the fantastic teams training for 100-mile ride this Summer. Your support and fundraising means the world to the people we support.

### Join the conversation

[f](#) [You Tube](#) [t](#) [p](#) [in](#)

Call: 01730 711 111  
Email: [info@fitzroy.org](mailto:info@fitzroy.org)  
Web: [www.fitzroy.org](http://www.fitzroy.org)

FitzRoy, FitzRoy House, 8 Hylton Road, Petersfield, Hampshire GU32 3JY

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# FitzRoy

transforming lives

# news

Summer 2015



## Celebrating our staff at the Pride of FitzRoy Awards

**The room buzzed with anticipation; the awards, hand-made by our talented team at Rural Skills, sat polished and proud as everyone gathered to celebrate the committed, passionate, and excellent work of FitzRoy staff.**

Massive congratulations to everyone nominated, and the winners were...



- The best example of Person-Centred Care went to the Selby Support Worker Team.
- The best example of Community Engagement went to Erica Beane, Pat Riseborough, Chantelle Dilo, Sarah Henderson and Jenni Riseborough from The Maltings Day and Community Service.
- The best example of a Different Way of Working went to Luke, Mark and Julia, the Trafford Day and Community Service Music Group Organisers.
- The best example of Supporting Independence went to Davina Hazell from Trafford Day and Community Service.

- The Chief Executive's Award for Outstanding Contribution went to Sue Rzecki and the Clarence Road Team.
- Special thanks to the brilliant judges from Nationwide, FitzRoy's national service-user forum, Stephen, Maxine, Stephen, and Louise, for presenting the awards.

"The magic atmosphere in the room was something I won't forget for a very long time." **Anna Galliford, Chief Executive**

"I felt truly privileged to be part of this celebration and was yet again reminded of the passion and dedication FitzRoy staff have which enables them to do such a brilliant job and truly make such a difference to people's lives." **Martin Surgey, Vice Chair of Trustees**

[Read Martin's full at \[www.fitzroy.org/blogs\]\(http://www.fitzroy.org/blogs\)](#)

[Watch our video of the event, \[www.fitzroy.org/services\]\(http://www.fitzroy.org/services\)](#)



The future is bright

We see   
the person  
We are brave   
We are creative 

**We've come a long way from the world two of our founders, Elizabeth FitzRoy and John Williams, so despaired of.**

In 1962, when they started FitzRoy, parents were told to "lock away their children with learning disabilities and get on with their lives". Pointing and staring were commonplace; playgrounds rang with insults; and opportunities for people with learning disabilities and their families remained scarce.

Determined to change things, Elizabeth and John, pioneered the idea of homes in the communities as they fought for a better life and more understanding for people with

disabilities. Their work had a huge impact, and this heritage is still vital to FitzRoy's work today.

As we carry on working towards a world in which people are treated as equals, regardless of their disability, we want to ensure their legacy continues to positively impact the lives of people with learning disabilities. **Our mission is to transform lives by supporting people with learning disabilities to lead the lives they choose.** Because of this we have reviewed and updated our values. Now they are simple and memorable and guide all our decisions everyday; they are our charity DNA.

**FitzRoy's Values**

**We see the person**

FitzRoy began with one mother's belief in her child, and still today we see the unique value in every person we help.

**We are brave**

We stand beside people with disabilities and their families, and together we face our challenges, never giving up.

**We are creative**

And we dare to imagine a world where people are treated as equals, regardless of their disability.

 [Read more about how FitzRoy began, www.fitzroy.org/about-us](http://www.fitzroy.org/about-us)

**A perfect match**

In April FitzRoy were thrilled to join forces with The Leo Trust, an outstanding Registered Care service in Kent. The two stunning homes, Boldshaves Oast and the Croft, in Woodchurch, are now known as FitzRoy Leo Trust.

FitzRoy are a strong organisation who share our ethos and ensure people with learning disabilities have as much independence and choice as possible. I feel confident this merger will protect the services of the residents.  
**Joe Graham,**  
**Chief Executive Leo Trust**



We are delighted that we have been given the opportunity to work for all the residents at Leo Trust.  
**Anna Galliford,**  
**Chief Executive, FitzRoy**

**First impressions**  
"What an amazing place. My first sight of the Leo Trust at Boldshaves Oast took me totally by surprise..." Jan Deane, Fundraising Manager, FitzRoy  
Read full Jan's full account [www.fitzroy.org/voices](http://www.fitzroy.org/voices)

**FitzRoy Blog**

Blog by Katarina Sommerova a FitzRoy volunteer

"I came to England to volunteer at a FitzRoy service for people with learning disabilities in Petersfield. English is not my native language, so this was an adventure, but I knew it would be the best way to learn how to support people with a learning disability.

FitzRoy is a great charity. The service users always come first and the staff do their best for people with disabilities; I saw so much happiness on the faces of people they support. I tried many different activities and sessions and I liked them all. The big kitchen was always full of people and we had a lovely time making tasty cakes and lunches. I really liked being active and supporting people. We did a lot in the community, especially in Portsmouth, and we spent a lot of

time outside at FitzRoy's Rural Skills project.

The members at On Track are great people and after a few days they knew my name, smiled at me, and asked me how I was. These are the best moments, when everything feels worth it.


Volunteering at FitzRoy taught me a lot; how to communicate and work with people with learning disabilities; how to smile more and worry less.

You don't always need words to communicate, and volunteering can bring you so much, you get to know new people, teach people, and you learn something too. My time at On Track was full of fun, adventure, activities, and I enjoyed every moment."

 [Read more FitzRoy blogs, www.fitzroy.org/blogs](http://www.fitzroy.org/blogs)



**Transforming Lives**  
"On Monday afternoons, a volunteer comes to our home for a music session. She uses an instrument called a 'singing drum' for relaxation. I really enjoy these sessions. I like the noise the drums make and the lady interacts with me. I always smile, laugh and clap my hands."

**News flash**  
  
FitzRoy have launched a new website. Easy to navigate, full of transforming lives stories job opportunities, and more. Browse on your mobile phone, we've updated and we'd love to hear your thoughts. Email [beth.vaughan@fitzroy.org](mailto:beth.vaughan@fitzroy.org)

**Great teamwork!**  
Thanks to the team of 50 volunteers from Genband who brandished paint brushes, hammers and spades to decorate, tidy, dig and build at two FitzRoy services. By fitting new carpets and giving the walls a lick of colourful paint they transformed two rooms. Madeleine was thrilled, and promptly burst into tears when she saw the results.  
To all the corporate volunteering teams who donate their time and money and help us every year, you're fantastic.  
**Purple Foodservice Solutions Ltd**  
**Shilling Communication**  
**Ford**  
**Newhaven Basepoint Centre**  
**Genband**  
**Lloyds Banking Group**  
**Waitrose**  
**Scottish and Southern**  
**Zurich**

**Fundraise for FitzRoy**  
There are lots of ways to get involved. Go to our website, or call our fundraising team on **01730 711 106**, or email us on [fundraising@fitzroy.org](mailto:fundraising@fitzroy.org). We love hearing from you!