

Join FitzRoy Love4Life

A place to

have fun



make friends



find love!





This group means everything to me. Thanks to it I have met some lovely people and it has helped build my confidence.



Tash, Love4Life Member

FitzRoy, a national charity supporting people with learning disabilities to live the life they choose, runs Love4Life, a friendship and dating project based in Hampshire. It has been running for ten years (previously called Stars in the Sky), and has a large and growing membership base. We are dedicated to providing life-changing opportunities for people with learning disabilities to develop and sustain friendships and relationships.



By joining Love4Life you will enjoy

Social Events and an annual show

Events to look forward to:



Safe Dating

Love4Life members are matched by age, location, likes, dislikes, hobbies, and interests. When a match is made, members are contacted and a date is arranged. Up to three dates are chaperoned in order to provide a safe dating experience.

As a member you will have access to around 10 events a month, several workshops a year, and the opportunity to perform in a yearly show, previous shows include Grease and Mamma Mia.

Workshops

You can also enjoy a wide range of workshops throughout the year, such as cooking, improving your confidence, help with friendships, health and wellbeing, money management, self-help skills, sex education, travel, and understanding autism.

Your membership

For a £10 a month membership fee you will be invited to all events, be able to meet people in a group or on a one to one basis, it's your choice! Events cost between £5 and £20, and workshops are free.

Members have access to a closed Facebook group. If you are outside of Hampshire and can't come to our events, you can have a Facebook only membership, which is £5 per month.

Our commitment

- To provide you a safe and relaxed atmosphere to make new friends, enjoy going on social outings and dates, and learn new skills.
- To encourage and help you feel confident meeting new people and making friends.



This friendship group is one of the best things to happen to Andrew in his life and I'm sure he's not the only one who will say this if asked, its value is beyond measure.

Bob, Parent



Get in touch...

We are available between 9am and 4.30pm Monday-Friday and we'd love to hear from you. Please call or email with any questions, or download an application form from the website.

Hayley Ostler, Love4Life Co-ordinator, FitzRoy

Call: 01329 826 423

Email: info@love4life.org.uk

Web: www.fitzroy.org/love4life-about

Join the conversation



Love4Life, C/O The Kings Centre, 171 – 173 West Street, Fareham, Hampshire, PO16 OEF

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