

This is going to be the best Christmas ever!



“ This Christmas, for the first time I will be waking up on Christmas morning with the love of my life in our own home.”



Ryan is 30 and has been a member of our Love4Life friendship and dating project since March 2017. He said:

“ Last Christmas I had fun with my family at home and I felt happy as I love that time of year but I felt sad that I didn't have a partner.

On Boxing Day I had a phone call from Sophie, who I had been spending time with at Love4Life events. It made me really happy that someone took the time to call me, especially during Christmas!

We spent a lot of time getting to know one another and then with the support of Love4Life we went on our first official date at the end of January.

Since then we have been on holiday and have taken the next big step of moving into a flat together!



This Christmas, for the first time I will be waking up on Christmas morning with the love of my life in our own home.

I want to thank Love4Life and my family for supporting Sophie and me, this is going to be the best Christmas ever! ”

Hayley Ostler, our Love4Life project coordinator said: “It has been an amazing year for Love4Life as we go from strength to strength. We hope to expand next year so we can bring love, laughter and friendship to even more people with learning disabilities. A huge thank you to everyone who has supported us over the year, through volunteering, donating or fundraising. Without you Love4Life wouldn't exist and Ryan, and so many others, would be facing a very different Christmas.”
www.fitzroy.org/love4life

In a recent survey of Love4Life members:



Challenge Kirsty

Kirsty set herself the challenge to walk an incredible 100 miles on her treadmill in 100 days to raise £100 for FitzRoy, and she ended up raising four times that amount!

FitzRoy's Nottingham Support at Home service provides Kirsty with the support she needs to enable her to live in her own home. Kirsty said:

“FitzRoy has transformed my life – they help me with my achievements, my goals, anything. They are so amazing, I can't put it into words.

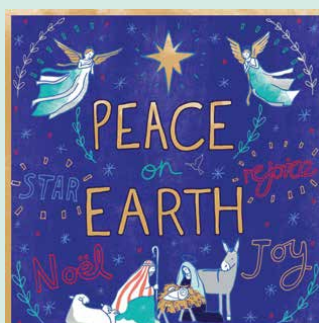
I feel fantastic to have finished the challenge, I am really proud of myself and feel like I have achieved something amazing. I didn't think I would raise as much money as I did! ”

FitzRoy service manager Nicola Astle, who set up the challenge for Kirsty, said: “Kirsty really loves setting herself personal challenges and having a sense of achievement.



She got up every morning to go on the treadmill, some mornings as early as 4.30am! Kirsty wants to use some of the money raised to set up an allotment with the local council which we can all use. It's a brilliant idea because it will be a real social thing for everyone to get involved with.”

FitzRoy Christmas cards are now on sale!



To order your cards, use the form overleaf or visit www.fitzroy.org/christmas-cards
To order over the phone, call Paula on **01730 711 107**, leave a message and she will get back to you.

Beverley braves the shave

Beverley has raised more than £1,000 for FitzRoy after she 'braved the shave'.

Beverley Hayes is the deputy manager at our Suffolk supported living service and has worked at FitzRoy for eight years.

“ Lots of people have told me I am mad or really brave, but this isn't about me at all, it's about the people we support here. That's the important thing. That's what I kept reminding myself of whenever I've felt nervous about doing it. It was actually really fun, our residents all got involved and cut a bit of my hair, they definitely enjoyed it. ”



“ Working at FitzRoy has really made me feel like I have done some good in my life, I have found my vocation, it has really changed my life. ”



Moving home

The new building for our Silver Birches service in London is almost complete and everyone is very excited that they will soon be moving into their new home. Thanks to an exceptional gift from the Band Trust, this new build home is being kitted out to the highest standards, with adaptable baths and furniture, new IT equipment and assistive technology.

Silver Birches deputy manager Karen Stanislaus said: "All of the residents have chosen their bedrooms, shopped for furnishings and been involved in every part of the move. They all had dinner together in their new home so they were familiar with it before the big move, everyone is really excited!"

Technology opens up the world for Ben

While most people might take technology for granted, in Ben's case, it's a fresh chance to develop his speech.



Louise Hutchings, service manager at our Worcestershire registered care home Malvern said: "Recently Ben has been using more assistive technology. We thought it would be a good idea to use his new Echo Dot to help develop his speech further and we can really see how it is getting him to speak more. Ben loves to make other people smile, and he can see that by talking more he is making everyone happy. It's helping to open up another side of communication for him."

Donation Form

Help us transform lives. Your donation, large or small, will support someone with a learning disability to live more independently.

Thank you.

Online donations visit www.fitzroy.org/donate

Text donations up to £20: text **FitzRoy** followed by the amount to **70480**.

Cheque Donations please make your cheque payable to **FitzRoy Support** and return it to FREEPOST RLTB-UUSU-LCKT, FitzRoy House, 8 Hylton Road, Petersfield, GU32 3JY

Name:

Full Home Address:

Postcode:

Cheque enclosed for the sum of:

Credit or Debit Card Donations

Please debit my card for the sum of £ •

Card Type

☐ Mastercard ☐ Visa ☐ Maestro ☐ Switch ☐ Delta

Name on Card

Card Number

Start Date /

End Date /

3 Digit CVC
On reverse of card

giftaid it

I confirm that I would like all my donations, past, present and future to FitzRoy, to be treated as Gift Aid donations.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

Title: First name:

Surname:

Full Home Address:

Postcode:

Email:

Thank you

A glowing thank you to our FitzRoy firewalkers who have raised a blazing £10,000 so far!



Keeping in touch

You can stop receiving FitzRoy News or update your communication preferences at any time.

Contact fundraising@fitzroy.org or **01730 711 111**

To find out more about how we use your personal data read our privacy policy www.fitzroy.org/legal

Join the conversation



Call: 01730 711 111

Email: info@fitzroy.org

Web: www.fitzroy.org

FitzRoy, FitzRoy House, 8 Hylton Road, Petersfield, Hampshire GU32 3JY

FitzRoy Support, registered charity number 1011290. A company limited by guarantee, registered in England, number 2699902.

ACE!
thank
you
YOU'RE THE
BEST!

thank
you
very
much

