

# Harry and team save the day

**Our incredible staff moved into our Suffolk service over Christmas and New Year to protect the people we support during a coronavirus outbreak.**



Angela, FitzRoy Director of Operations, said:

**“ We have seen this exceptional commitment throughout the pandemic, but to give up their Christmas and New Year and not be with their families.... well, we were blown away. ”**

Deputy Manager Harry told us how he and three other staff gave up their family Christmases to support Richard, Thomas, Neil and Adam at our Bury St Edmunds supported living service.

Harry said: “Thankfully my staff were so committed, those of us who had tested negative moved into the service as soon as we could.

“My manager Christina was checking in on us multiple times a day, we had staff dropping off anything we needed and we had so much support from FitzRoy’s coronavirus response team. I couldn’t have asked to be better supported. It made us feel like we were all in it together.”

Senior support worker Egnés said: “We were confronted with a situation that could easily turn into a crisis. So when Harry asked ‘who is going to be in isolating with the people we support’ I jumped into action because I realised that my loyalty, commitment, values and beliefs were being put to the test more than they ever have been.”



**Harry gets his first covid jab!**

# Tackling lockdown blues

**We are always looking for new and creative ways to enable the people we support to live fulfilled lives. Lockdown has presented enormous difficulties but our staff are working hard to be creative and find new ways to keep the people we support engaged and interested.**

Thanks to your support, we have been able to invest in seven Magic Table 360 projectors.

The Magic Table 360 is a fully interactive projector where images, games and lights are projected, and move and change when they are interacted with. This means the people we

support can play football, air hockey, go fishing, play a leaf-sweeping activity and a bubble bursting game, among many others.

Carrie Sant, our assistive technologist, said: "We recently had a Covid-19 outbreak at our Huw's nursing care home in Nottinghamshire. With all residents having to self-isolate in their rooms, the Magic Table 360 provided a perfect source of entertainment. The people we support were entirely absorbed by the colours, sounds and games.

"We couldn't have invested in this programme without our amazing supporters, so thank you for all of your support. Our dream is to buy more to share among our services so they can benefit even more people."

Natasha, service manager at The Pastures in Norfolk, said:

**“ It is so versatile; the people we support have varying abilities and it really has created some wonderful moments for everyone. ”**



## Everyone gets together for a shed transformation

**Residents at our care home in East Sussex really miss being able to go to the local café and meet with family and friends, so the staff team decided to transform their neglected garden shed into a tearoom. They had an overwhelming response from their local community who donated goods and time. And the residents have loved helping to create the tearoom.**

Deputy manager Dean said: "This has been such a challenging year for everyone, and yet people are showing so much kindness and generosity.

"People offered us furniture, and a local courier driver spent the whole day collecting everything and dropping it off to us.

"This year has forced us all to be more creative and to think about our values more than ever before and I'm so proud of everything my team has achieved, and so grateful to our incredible local community who have come together to help us."



# Friends in need are friends indeed

**We have always relied on the generosity of our supporters to enable us to innovate and respond quickly to the needs and wishes of the people we support. So, along with our first ever Crisis Appeal last April, we included the option to become a Friend of FitzRoy by setting up a regular donation.**

Sending out a hasty announcement during an emerging crisis was not quite how we had envisaged the launch of our Friends of FitzRoy programme! However, we were delighted with the response and could not be more grateful for your support.

From non-contact thermometers to interactive projectors, your support has saved lives and spread much-needed joy in what would otherwise have been a very bleak time.

Thank you to our new Friends, and those of you who had already been giving in this way for many years previously – you have always been a Friend of FitzRoy in all but name.

Felicity Gibson knew our founder Elizabeth FitzRoy! She says:

**“ The whole place is wonderful, you’re fantastic. I’m happy to support you. Thank you for all you do. ”**

We, like the rest of the country, have faced a relentless challenge in what have often been frightening and exhausting times.

Things have been tough, and that looks set to continue for some time. But again and again our incredible staff and the people we support amaze and humble us with their determination and love.

Regular gift commitments allow us to plan for the future, to respond in emergencies, and to provide all of the important extras that really make the difference to people’s day-to-day lives.

**If you would like to become a Friend of FitzRoy, you can set up a direct debit on our website at [www.fitzroy.org/donate](http://www.fitzroy.org/donate) or you can set up a standing order by completing the form on the back of the newsletter and posting it back to us.**

**“ I know our gift will be used properly. FitzRoy has been absolutely fantastic and me and my family are very grateful. ”**  
Liz Stobart



# Donation Form

Help us transform lives. Your donation, large or small, will support someone with a learning disability to live more independently.

Thank you.

## Your details

Title:  First name:   
Surname:   
Full home address:   
 Postcode:

**GIFT AID** I confirm that I would like all my donations, past, present and future, to FitzRoy to be treated as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

## Make a donation

Visit [www.fitzroy.org/donate](http://www.fitzroy.org/donate) to make a credit or debit card donation, or send a cheque payable to FitzRoy Support and send it with this form to FREEPOST RLTB-UUSU-LCKT, FitzRoy House, 8 Hylton Road, Petersfield, GU32 3JY.  
**Text donations up to £20:** text **FitzRoy** followed by the amount to **70480**.

## Become a Friend of FitzRoy

To join Friends of FitzRoy, visit [www.fitzroy.org/donate](http://www.fitzroy.org/donate) to set up a direct debit or complete the form below and return it to us to set up a standing order.

To the Manager of:  (Name of your bank/building society)

Address of your bank/building society:

Sort code:  -  -  Account number:

Account name:

I would like to set up a standing order for the monthly sum of:

£3  £6  £10  Other £

Commencing on  /  and on the same date each month thereafter until further notice.

Signed:  Date:  /  /

Please pay to: FitzRoy Support, National Westminster Bank, Farnham.

Sort code: 60-10-14 Account number: 58510540

Bank reference only:

FN0221

## Vaccine brings hope at last!

More than two thirds of our staff and half of the people we support have had their first injection.



## Keeping in touch

You can stop receiving FitzRoy News or update your communication preferences at any time.

Contact [fundraising@fitzroy.org](mailto:fundraising@fitzroy.org) or **01730 711 111**

To find out more about how we use your personal data read our privacy policy [www.fitzroy.org/legal](http://www.fitzroy.org/legal)

## Join the conversation



Call: 01730 711 111  
Email: [info@fitzroy.org](mailto:info@fitzroy.org)  
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FitzRoy, FitzRoy House, 8 Hylton Road, Petersfield, Hampshire GU32 3JY

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ACE!  
thank you \*  
YOU'RE THE BEST!

thank you very much

