



Chosen charity at the Learning Disability Awards



FitzRoy was delighted to be the charity partner for The National Learning Disabilities & Autism Awards for the second year. An important event, these awards, recognise and celebrate excellence in the learning disability sector. This year the event was hosted by Sally Phillips, who recently fronted BBC documentary 'A World Without Down's Syndrome?' and the voice of Channel 4's 'The Undateables', which also featured FitzRoy's Love4Life project.

We had the honour of judging two of the award categories, and Anna Galliford (CEO), and Graham Woods (Business Development) handed out the awards.



The evening was a fantastic celebration of the wonderful people who provide support to some of the most vulnerable in our society. FitzRoy has been a part of this event from its very beginning. Our late Co-Founder, John Williams OBE, was the first person ever to receive the Outstanding Contribution Award.



Meeting Sally Phillips was a pleasure and she led us through the evening with great style and panache. The atmosphere was brilliant, and there was a real feeling of pride in the room as we gathered together to share the excellent work being done in our sector.

Hearing the many amazing stories of outstanding support was inspirational. It is so important that we continue to recognise the stars of the learning disability sector through awards such as these. Support workers and care professionals continue to work hard, with passion and energy despite the many challenges. They really do improve life chances for people with learning disabilities.

Anna Galliford,
Chief Executive, FitzRoy



“
Why should
I be different
to anyone
else?
”

A LIFE NOT DEFINED BY DISABILITY

Before Love4Life Matthew was reclusive. He was close to his family, but at college he was alienated because people didn't understand him. He also suffered from mate crime, when a group made friends with him for his money. His parents were desperately worried, and told us more.

Gaining confidence

Finding Love4Life was a good way for us to get Matthew away from these people, and broaden his horizons, and the change in him since joining Love4Life has been phenomenal. He used to find holding conversations difficult, but now he's learning how to read body language and situations. Even something as small as deciding what to have for dinner was hard. But now he's a lot more decisive and happy.



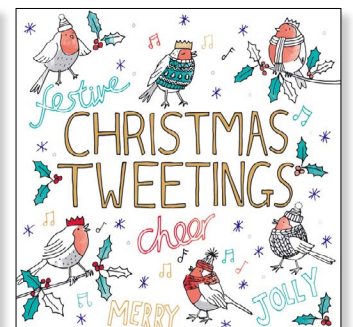
Finding love

Matthew has always wanted to have a girlfriend, a job, a place of his own. He has a life plan, and says, 'Why should I be different from anybody else?'. Meeting Grace has been a huge turning point for Matthew. They are well suited, and they understand and comfort each other if they are feeling anxious or self-conscious. They bring the best out in each other. Without Love4Life Matthew might not have had friends let alone a girlfriend. It's given him a new lease of life. I am surprised how little there is out there for young adults with disabilities, even just friendship groups.

“
Love4Life has been amazing. He's taken on new challenges and is looking forward to a future of independence.
”

To read more inspiring blogs go to www.fitzroy.org/voices

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To order fill in the order form, or call Rebecca Buckley on, 01730 711 107, email her on rebecca.buckley@fitzroy.org

Pets as therapy

The residents at FitzRoy The Croft in Kent have Jake the dog to visit once a week.

"Everyone at The Croft looks forward to Natasha and her dog Jake coming to visit. George and Ian are particularly fond of Jake, who is very easy going and really enjoys the interaction with all the residents.

“
Stroking and
fussing over Jake
makes everyone
feel very relaxed,
calm, and happy.
There are always
plenty of smiles
when he is here!
”



Having a Pets As Therapy dog has been so popular that we recommended it to Boldshaves Oast, another FitzRoy residential care home in Kent. They now have weekly visits from Natasha and Jake too!"

Sharon Harrison,
Deputy Manager, FitzRoy Kent

Pets As Therapy (PAT) is a volunteer led charity where people work with their own pets to bring joy, comfort and companionship to many people who appreciate being able to touch and stroke a friendly animal.

We are extremely grateful to our friends at Ford in Essex. Not only are they keen supporters of our local FitzRoy services, giving up their time to help in the garden or with DIY projects, they've also dedicated a new Ford car transporter to FitzRoy. They have custom painted the transporter with our values, *We See the Person, We are Brave, We are Creative,* and used our logo and messaging to spread the word. Marianne Radcliffe, Director of Fundraising and Marketing at FitzRoy, went to see the transporter, and was very impressed.



"We are honoured Ford have chosen us as one of their charities and to have the car transporter out and about delivering cars across the length and breadth of the country. We hope many people enjoy seeing it on their travels. Thank you to the terrific team at Ford, we love working with you and value your support."



To fundraise for FitzRoy go to
www.fitzroy.org/get-involved

Donation Form

Help us transform lives. Your donation, large or small, will support someone with a learning disability to live more independently.

Thank you.

Online donations visit www.fitzroy.org/donate

Cheque Donations please make your cheque payable to **FitzRoy Support** and return it to FREEPOST RLTB-UUSU-LCKT, FitzRoy House, 8 Hylton Road, Petersfield, GU32 3JY

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Thank you to all our brave fundraisers who abseiled down the Spinnaker Tower in Portsmouth; so far you have raised
OVER \geq £6K \leq

The money will go to transforming lives for people with disabilities.



If anyone else is feeling brave, sign up for a skydive, yes you read that correctly,



To take the plunge, please email jim.apted@fitzroy.org, or call on 01730 711 104.

Join the conversation



Call: 01730 711 111

Email: info@fitzroy.org

Web: www.fitzroy.org

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ACE!

thank you very much

